



basic education

Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA



United Nations  
Educational, Scientific and  
Cultural Organization

# Quality Physical Education (QPE)

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THE NATIONAL CONSULTATIVE FORUM MEETING

08 JUNE 2017

# BACKGROUND

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In response to global concerns regarding rising levels of obesity, cut-backs in Physical Education provision and substantial associated disease risk, UNESCO's Intergovernmental Committee for Physical Education and Sport (CIGEPS) and more than 600 participants at the World Sports Ministers Conference (MINEPS V) called for an increased investment in Physical Education and sport, improved access to Physical Education and sport, and technical support to develop robust policy measures.

# INTERNATIONAL PARTNERS

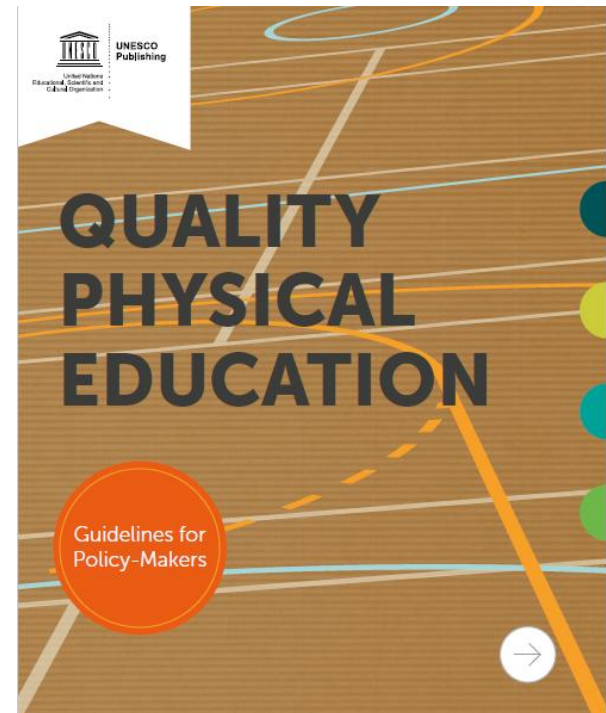
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Accordingly, UNESCO joined forces with its international partners (the European Commission, the International Bureau of Education (IBE), International Council of Sport Science and Physical Education (ICSSPE), International Olympic Committee (IOC), the World Health Organization (WHO), the United Nations Development Programme (UNDP), United Nations Children's Fund (UNICEF) and Nike, to operationalise the research done and support governments develop inclusive, child-centred physical education policy which promotes skills acquisition, pro-social behaviour and physical literacy.

# QPE GUIDELINES

Benefitting from the input of eight international partners and more than forty individual experts, from all world regions, the Quality Physical Education policy package was launched in 2015.

1. Guidelines for Policy-Makers
2. Policy Guidelines Methodology
3. Infographic
4. [UNESCO QPE Website](#)

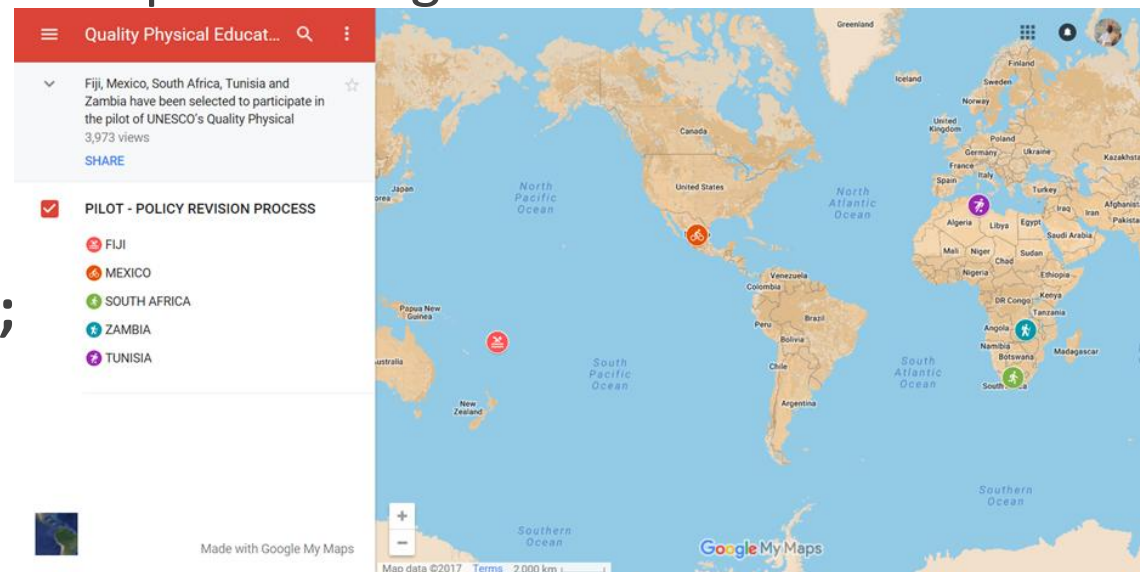


# IMPLEMENTATION

The implementation of the QPE Guidelines will be managed by a national expert coordinator who will accompany each government in the revision of QPE policy and enhance existing policy provisions. The national coordinator will also ensure liaison between the Ministries involved and the UN Country team and implementing office.

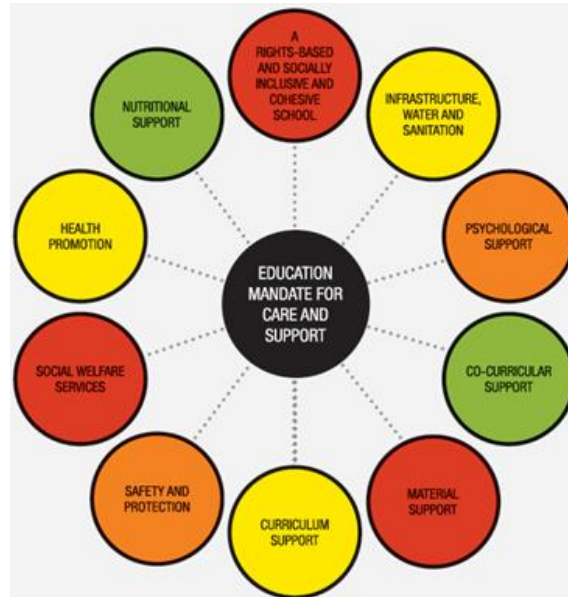
## Pilot Countries

1. Fiji;
2. Mexico;
3. **South Africa;**
4. Tunisia; and
5. Zambia.



# CURRICULUM ORIENTATED PHYSICAL EDUCATION

The UNESCO - QPE project is a significant undertaking that will form part of the National Care and Support for Teaching and Learning aligned Physical Education implementation plan. This plan which serves as a sector guide for supporting the instruction of Curriculum Orientated Physical Education.



# WHAT IS QPE?

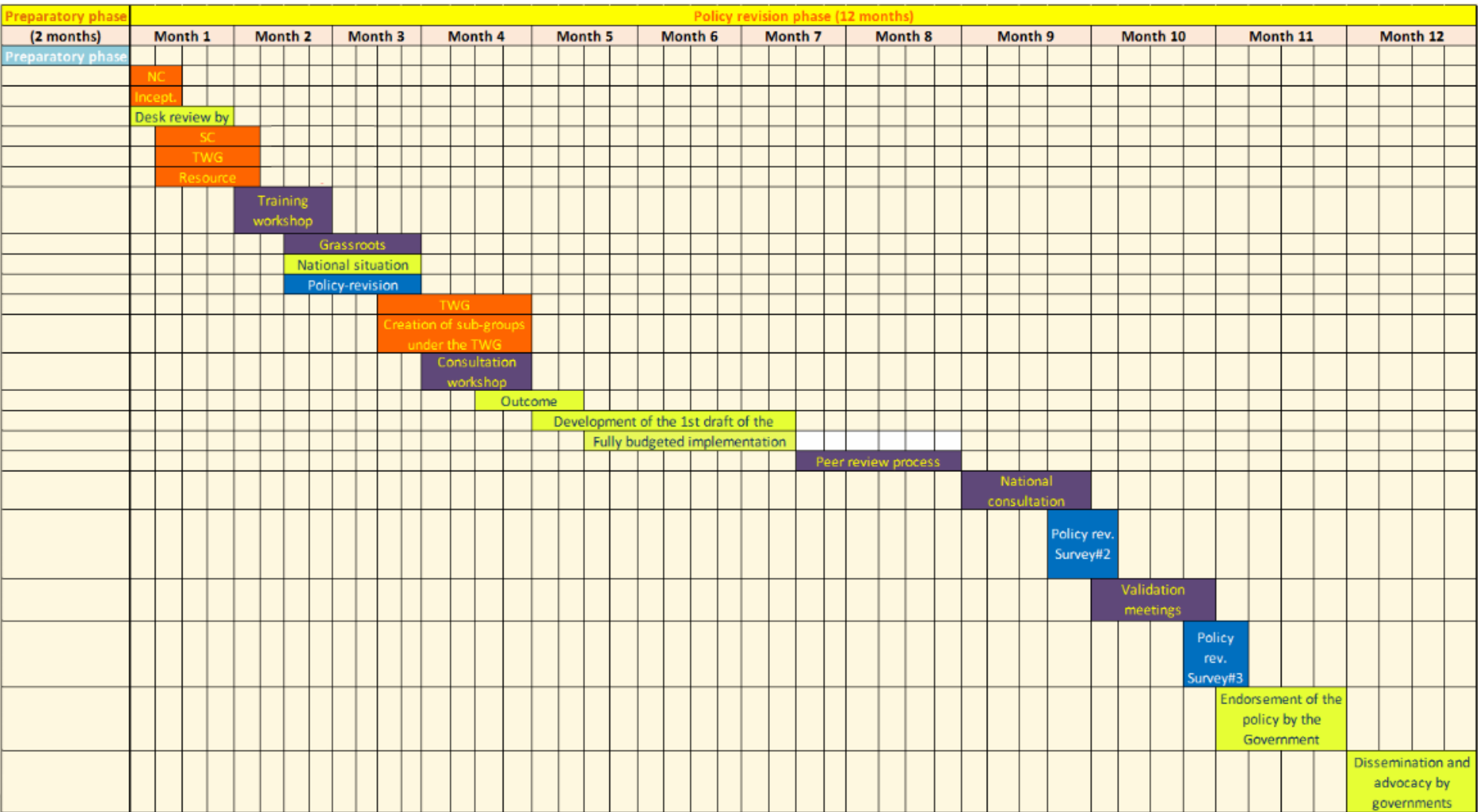
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Quality Physical Education (QPE) is the planned, progressive, **inclusive learning experience** that forms **part of the curriculum** in early years, primary and secondary education.

In this respect, QPE acts as the foundation for a lifelong engagement in physical activity and sport. The learning experience offered to children and young people through physical education lessons should be developmentally appropriate to help them acquire the psychomotor skills, cognitive understanding, and social and emotional skills they need to lead a physically active life.

(Source: adapted from Association for Physical Education (afPE) Health Position Paper, 2008)

# QPE Timeline





# QPE REVISION PROPOSAL

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The development of South Africa's Quality Physical Education plan, should be understood as part of an ongoing, dynamic planning process, which will continue to rely on the input of all education stakeholders, and through which the quality of Physical Education will be improved over time.

1. Revision of the **Draft School Sport Policy**;
2. Reinforcement of **CAPS Life Skills/Orientation** - Physical Education study area; and
3. Amendment of **CSTL Programme** - inclusive Physical Education/activities will be delivered to learners through the Curriculum and Co-Curriculum priority areas.

# RECOMMENDATIONS

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It is recommended that all significant developments, such as the UNESCO-QPE project, be communicated accordingly through all departmental and intergovernmental management structures. Furthermore these plans and interventions should be included within the related planning cycles, as this would ensure greater sector accountability, synergy and support for the realisation of quality Physical Education objectives in South Africa.

# Thank You

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**Realising the Rights of Every Child**

