



SUSTAINABLE DEVELOPMENT BEGINS WITH SAFE, HEALTHY, WELL-EDUCATED CHILDREN

"Quality Physical Education (QPE) is an essential entry point...to learn life skills, and develop positive patterns of behaviour" (MINEPS V 2013).

How does QPE contribute to 21st century education?

Sustainable development starts with safe, healthy, well-educated children. To impart skills required for the 21st century, education must focus on shaping attitudes, building behaviours and instilling values that support peace, inclusion and equitable development.

QUALITY PHYSICAL EDUCATION CONTRIBUTES TO 21ST CENTURY EDUCATION



What is the QPE Policy Project?

As the UN agency mandated for sport, education and peace-building, UNESCO is keen to identify ways **to close the gap between QPE policy and practice** to support broad developmental objectives.

Along with **partners** ([European Commission](#), [ICSSPE](#), [IOC](#), [Nike](#), [UNDP](#), [UNICEF](#), [WHO](#)), UNESCO developed a QPE package to assist governments, practically, by outlining the key steps towards an **inclusive policy environment**.

Key objectives

1

Support governments develop and implement inclusive QPE policy

2

Empower grassroots stakeholders implement and advocate minimum standards in QPE

3

Foster a coherent and cooperative framework for active schools

What does the QPE Policy Package comprise?

A **“how to” guide** (*Quality Physical Education Guidelines for Policy-Makers*) to review and reinforce policy measures, with locally adaptable benchmarks for provision, checklists, good practice examples and a policy matrix (also available in [French](#), [Portuguese](#) and [Spanish](#))

An **infographic** making the case for public investment in inclusive, child-centered QPE policy as a broader investment in rounded development (also available in [French](#), [Portuguese](#) and [Spanish](#))



A **methodology document**, to be used in conjunction with the Guidelines, which outlines good practice in terms of the process and steps to take in revising policy (also available in [French](#) and [Spanish](#))

A dedicated project **webpage** with facts, figures, research and resources (also available in [French](#), [Portuguese](#) and [Spanish](#))

What happens now?

To support the pick-up of the QPE Policy Package by Governments worldwide, in 2016, UNESCO and partners will accompany a first wave of **5 countries** (Fiji, Mexico, South Africa, Tunisia and Zambia) to revise PE policy in line with the QPE Guidelines.



Engagement in the QPE pilot represents a unique opportunity to develop QPE policy in line with **current global education priorities** and to become a global leader in the field.

A **National expert coordinator** will be contracted in each country to drive the policy revision and ensure liaison between the Ministries involved and the Lead country partner (i.e. UN Agency).

	1st month	2 nd month	3rd month	4th month	5th-7th month	7th-8th month	9th-11th month	12th month
L	Desk review	Training workshop	Grassroots consultation	Consultation workshop	Development 1st draft of the revised policy, budgeted	Peer review process	National consultation	Endorsement of the policy and advocacy by governments
A			National situation analysis		implementation plan and advocacy and communication strategy		Validation meetings	
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To maximize impact, progress will be **monitored and evaluated**, at **national and international levels**. The **revised policy document** will benefit from the input and expertise of **peer review countries**.

All activities will be supported by a comprehensive **communication campaign** to promote the outcomes to both national and international audiences.

Target outcomes:

- **Revised QPE Policy documents** to be **inclusive, child-centered and promoting physical literacy** as part of rounded human development;
- Robust national policy measures developed through the establishment of **multi-stakeholder mechanisms**;
- **Participation and inclusion of diverse range of stakeholders** via **consultations** designed to reflect grassroots perspectives in upstream policy frameworks;
- Revised **Policy documents** include global good practice via Peer Review process;
- Countries assisted by partners in **monitoring and evaluating development** of the revised policy.



How can you support the QPE policy project?

- ✓ **Communicate and advocate** on the QPE project within your **network**...use the QPE hashtags on **social media**: **#Active4life** **#QPE4life**;
- ✓ Engage **project champions** to promote the QPE messaging and values;
- ✓ Provide **technical backstopping** – support the **Monitoring and Evaluation** process, provide facilities for workshops and meetings, mobilize grassroots participants for consultations;
- ✓ Help **fund the QPE project** to support **advocacy, translation, roll-out** and the **development of communication tools**.



TAKE POLICY ACTION



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